Miami-Dade County Public Schools

# School Wellness/Healthy School Team Committee Action Plan 2026-2027

| | |
|---|---|
| School Name & Location Number: | Kelsey L. Pharr Elementary School - 4401 |
| Principal: | Keith B. Parrimore |
| Phone Number: | (305) 633-0429 |
| School Wellness/Healthy School Team Leader: | Angela M. Torrens |
| School Wellness/Healthy School Team Committee Members: (please provide names for the following) | Anita Henderson Knowles<br>Maria Costa<br>Samuel Wims |
| Committee Meeting Dates (list at least 4): | 10/6/2026, 12/8/2026, 2/2/2027, 5/4/2027 |
| **ACTION PLAN** | |
| School Wellness/Healthy School Team Goal: (Select all that apply) | ☒Nutrition<br>☒Physical Education<br>☒Physical Activity<br>☒Health and Nutrition Literacy<br>☒Preventive Healthcare |
| Steps to Achieve School Wellness/Healthy School Team Goal: | **Nutrition:**<br>• Promote the free breakfast and good eating habits, especially as testing approaches.<br>• Promote healthy meals and snacks daily to students, faculty, and staff through the cafeteria.<br>**Physical Education:**<br>• Fitness Testing<br>**Physical Activity:**<br>• Walking Club, Soccer<br>**Health and Nutrition Literacy:**<br>• Implement Garden to Table program<br>• Awareness to the nutritional value of the school garden posts on social media |

| | |
|---|---|
| | **Preventive Healthcare:**<br>• Wellway Wellness Program<br>• Free health screenings for students |
| Sustainability Practices: | • Incorporate lessons in the school garden<br>• Implementing the share table program |
| Community Engagement: | • Increase business partnerships in the local area |
| Monitoring and Evaluation: | • Committee meeting sign-in sheets<br>• Designated teacher responsible for monitoring and harvesting school garden produce<br>• Advertise through social media and class dojo |
| Other Activities:<br>If applicable, attach supporting documentation (e.g. event flyer) | • Student Soccer Team through Miami Scores |