



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
2025-2026

School Name & Location Number:	Kelsey L. Pharr Elementary School 4401
Principal:	Keith B. Parrimore
Phone Number:	305-633-0429
School Wellness/Healthy School Team Leader:	Marilyn Acosta
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	<ul style="list-style-type: none"> ● Angela Torrens (assistant principal) ● Jeremy Wright (student) ● Meghan Beazer (student) ● Zuzel Calderon (parent) ● Marilyn Acosta (PE teacher) ● Maria Costa (Counselor) ● Dr. Samuel J. Wims (teacher)
Committee Meeting Dates:	Align with EESAC meeting dates
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition:</p> <ul style="list-style-type: none"> ● Promote free breakfast and good eating habits ● Provide healthy meals and snacks daily to students, faculty, and staff throughout the cafeteria ● Integration of knowledge from the fruits in our school's food forest <p>Physical Education:</p> <ul style="list-style-type: none"> ● Fitnessgram testing ● Team sports and mechanics

	<p>Physical Activity:</p> <ul style="list-style-type: none"> ● Outdoor PTA activities ● Field Day ● Miami Scores soccer team <p>Health and Nutrition Literacy:</p> <ul style="list-style-type: none"> ● Wellness Wednesdays on the announcements to promote healthy habits for students and staff <p>Preventive Healthcare:</p> <ul style="list-style-type: none"> ● Wellway wellness program ● Promote wellness as a staff and organizing groups walks
Sustainability Practices:	<ul style="list-style-type: none"> ● Using Share Tables to teach students to share food that they are not eating instead of throwing it out ● Incorporating lessons in the school garden ● Waste reduction and recycling ● Promoting daily movement breaks in the classroom (brain breaks) ● Using outdoor spaces creatively ● Provide quiet spaces for emotional regulation (one will be made in the counselor's room as well) ● Continue to promote positive school culture ● Gratitude walls and kindness campaigns ● Encourage students and staff to bring reusable water bottles to stay hydrated ● Green team of students to assist in implementation of various activities
Community Engagement:	<ul style="list-style-type: none"> ● Promoting community health fairs to our families via flyers, calls, and social media
Monitoring and Evaluation:	<ul style="list-style-type: none"> ● Committee meeting sign-in sheets ● Create meeting agendas and set times for the following year ● Designated teacher to promote school garden items ● Include more advertising via EESAC to increase volunteers

<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	
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